

TEN REASONS WHY KANGEN ALKALIZED WATER DOESN'T WORK

I share a lot of water with a lot of people. It's just what I do. I experienced dramatic results with the alkalized water within just a few short weeks of drinking it and immediately grasped it's importance in my disease prevention plan.

Because I share so much water, I have a lot of amazing testimonies from people for everything from skin conditions to digestion issues to fibromyalgia to cancer and everything in between. I can't share them here, unfortunately, due to FDA regulations, but there's one thing that bothers me...

We know the water works. It is, after all a medical device in Japan (for 40 years).

So why do people say Kangen alkalized water *doesn't work*?

Here are the top ten reasons why Kangen alkalized water doesn't work:

1. You didn't drink it fresh
2. You didn't drink enough.
3. You were drinking or doing something so toxic even the water couldn't over come it
4. You didn't store it correctly
5. You have something else going on that your body is working on.
6. It was poured incorrectly (too fast)
7. The machine needs cleaning
8. You are drinking at the wrong times
9. It's from a "copycat" machine (not real Kangen Water)
10. They haven't tried the water long enough.

#1. You didn't get it fresh enough. Having to continually get FRESH Kangen alkalized Water fresh is one of the hardest things for people to wrap their head around. Having electrically charged water FRESH is more important than you might think. Like any electrical charge, the charge is ionized water it wants to dissipate. The energy needs someplace to give off those electrons, and it's going to happen whether it's in your body or in the bottle. It only helps you if it's IN your body. You need to get the water every couple of days to have any real benefit. Getting it fresh from your own kitchen sink will give you the greatest benefits but every other day is good enough to give you a sample of those benefits.

#2 You didn't drink enough. How much is enough? As a maintenance level the "dose" as we call it, (not making medical claims or diagnosing here, just giving an amount) is ½ ounce of water per pound of body weight. If you have a health condition you are looking for results with however, I highly recommend you "up the dose" to 1 ounce of water per pound of body weight. This may seem like a lot of water, and until you have actually experienced the water in your own body and had that "NOT bloated" feeling after drinking it, it will always seem like a lot of water – but try it. This water is different! Drinking a few glasses of Kangen alkalized water and saying it doesn't work is like

getting 2 hours of sleep and saying sleep doesn't help you not be tired. It only works if you drink it. Remember, the "magic" happens when you get to an ounce of water per pound of body weight at the 9.5 level – FRESH.

#3. You were drinking or doing something so toxic even the water couldn't overcome it. Let's face it – at the end of the day, even this "miracle alkalized water" can only do so much. You have to STOP doing a few things in order to get out of your own way and let the magic happen. It actually takes 2 GALLONS of 9.5 to neutralize ONE 8 ounce glass of soda...or Gatorade...or monster drink. Sorry. You can't outsmart your body. It KNOWS if you are sneaking these things.

#4 You didn't store it correctly. Kangen alkalized water is persnickety stuff, I'll admit. It doesn't like heat, air, motion, sunlight or time. Any or all of these things will drastically reduce the power of the water. If you are storing your alkalized water in a large mouthed container, for example, the properties will go down much faster than if you stored them in a smaller container with a smaller opening.

#5 You have something else going on inside that your body is 'working on'. I realize this is not something anybody wants to hear, but let me be the one to tell you, it's not all bad news if you don't "feel anything" when drinking alkalized water. Your body knows what to do with it. If the statistics are true – that 2/3 of us will be diagnosed with cancer in our lifetime, and usually by the time you get the diagnosis or notice something is wrong, you are in the advanced stages, chances are if you don't feel anything your body is just busy correcting something bigger going on that you weren't aware that you had going on. You can choose to believe that nothing is happening and quit. Personally, I know way too much about the "Iceberg effect" of symptoms to take that gamble.

#6 It was poured too fast. This is a pet peeve of mine. I have watched even well seasoned distributors do this. We are all busy. In a hurry. Have too much on our plates. But seriously, if you are going to go to all the trouble of getting the water, and drinking the water, make sure you or the person pouring the water does it right. Slow down already! Alkalized water has the magic it has because of the ENERGY in it. Let the water have a chance to gather up that energy by having a little time on the plates. Allow it to "ribbon" out of the machine. Like this:



NOT like this:



The difference is subtle but can be dramatic. Do it right!

#7 The machine needs cleaning. Here's something many people neglect to think about: If those plates are dirty – you are not drinking Kangen alkalized water. In order for the energy to be transferred from the machine to the water, the platinum has to come into contact with the water. If you are or have been drinking water from someone and are not getting results – and everything else seems to be in order, you might ask them how long it's been since they have had a deep cleaning. This is something that can be done by the corporate office or, there are a few qualified distributors that do it. (like me) if your friend hasn't had this done in the last 6 months and you are not getting results, it might be time. Have them call me, I can help.

#8 You are drinking at the wrong times. I know I know, "So many RULES!" but some people's systems are more delicate than others, and while this doesn't bother some people at ALL, if you are not getting the results you seek, try drinking on an empty stomach ONLY. Drink 1 quart when you first wake up in the morning. Wait ½ hour before eating. After your breakfast has digested, (1 – 2 hours depending on your system and what you ate) drink another quart. Same with lunch and dinner. In other words don't eat when you drink and don't drink when you eat. According to [Dr Hiromi Shinya](#) "You should not drink ANYTHING when you eat as it dilutes the digestive juices. If you feel the need to drink when you eat", he goes on, "then you are not chewing enough" His book "The Enzyme Factor" points out that you should be chewing each bite 32 times. Alkalized water aides digestion when drank at the tight times.

#9 It's from a "copycat" machine (not *real* Kangen alkalized Water) To me, this seems like a total no-brainer, but let me just say, alkalized water machines are NOT all created equal. Please read my article on alkaline water machine reviews for more details on this. I have run into several people who drank Kangen alkalized water, had great results, bought an ionizer (the WRONG ionizer) only to find their symptoms return. If you have been a victim of a friend who thought they were doing you a favor by giving you alkalized water from a cheap half priced copycat knockoff machine, be polite and just say "Thank you no thank you" Cheap metal alloys can be dangerous, and you

couldn't pay me to drink out of one. I know, that sounds harsh, it's just that I have done my homework and I know too much.

#10 They haven't tried the water long enough. If you are, say 25 years or older and you have some "condition" that you were hoping to address with the alkalized water, and are not getting results in 2 weeks, let me give you some really bad news. *There is a toll to be paid for our sins.* Plain and simple. I don't care how healthy you *thought you were, the body doesn't lie. It just can't.* It took YEARS to get to the messed up, overly acidic, dehydrated state you are in, and it's probably not going away in two weeks. Sometimes (sorry to say) it may take *a year* before you realize true results. Does that mean you should mooch water off your sister brother neighbor cousin for a year until you "feel something"?

NO!

Get your own!

Your results will be 10 times that of getting second hand water from someone else's machine.

And it will be the best investment you ever made.

Cheers!